

# SAFETY

# CONVERSATION

## WHAT YOU'RE GOING TO LEARN

In this safety conversation we will talk about how you can play a part in improving health and safety for yourself and all your colleagues by **Getting Involved**.

## HOW IT WILL HELP YOU IN YOUR JOB

Following this conversation, you will:

- Understand how important your input is
- Know what you can do to proactively improve health, safety and welfare
- Understand how important your knowledge and experiences are
- Know where and when you can contribute

## WHAT YOU NEED TO KNOW

Safety at work isn't an independent or a isolated part of the business but is an integral part of everyone's working day. Your and your colleagues' health, safety and welfare are something to consider during every task being performed, as well as between tasks - whether you are using complex machinery, mopping a floor or just walking down the stairs to go for a break.

Every single person working in our business can play a part in building a strong safety culture and this is where See Care Share and the Safety Behaviours come in.

You can do this by showing care for colleagues. None of us want to see the people we work with getting injured. By encouraging safe work practices and leading by example you can reduce the likelihood of others being harmed as a result of poor safety.

There are times when you can formally get involved: by contributing to incident investigations, at meetings or at pre-shift briefings. Outside of these settings you can share ideas on how we can make our processes safer or raise health and safety concerns by talking to your supervisor or line manager.

We rely on all colleagues to help identify and raise awareness of risks, as well as to help find solutions to control risks and reduce harm, your contribution is vital in doing this.

Your experience and knowledge are of great value. By sharing concerns or ideas you can help develop realistic and effective ways of protecting yourself and your colleagues.

So, get involved in health and safety by:

- Always keeping safety at the **forefront of your mind**
- Doing the right thing and **working safely** – others will follow
- **Contributing** to general discussions, at team meetings or at briefings
- Raising any **concerns** or making **suggestions** to improve safety to your supervisor or line manager
- **Reporting** any **Hazards Observations, Near Misses and Incidents** as soon as they occur
- **Sharing your experiences** and allowing others to benefit from your knowledge.

Remember: Employees and employers make better decisions together!

## Topic: Get Involved



## BE MINDFUL

- Regardless of the task you are performing – consider your and the safety of those around you
- Be aware of the behaviour and actions of your colleagues, their behaviour may affect your safety

## SPEAK OUT

- If you identify a risk or feel that management is not fully aware of a risk, talk to your supervisor or line manager
- If you think that implemented control measures are not working raise this with management
- When incidents occur report these as soon as possible

## REMEMBER...

- We should be looking out for the safety of everyone whilst at work
- Safety is everyone's responsibility
- You can influence the safety culture in your unit, remember to lead by example.

## YOUR VALIDATION

- When should you be considering safety?
- Who should you talk to if you are worried about health and safety?
- When and to who should safety incidents be reported?

## MORE INFORMATION

- HSE Website
  - Health and Safety section
  - Training and Awareness page - Safety Conversations

