

Your Validation

Questions

- What are the 4 main types of harm that occur to peoples' hands in Compass?
- State 3 tasks in which cut injuries are often associated and 3 tasks in which burn or scald injuries are often associated?
- Which groups of Compass employees are most at risk from needle stick injury?

Look after
your hands
and they will
look after you.

If your hands
dont work...
You don't work!

Putting what you've learnt into practice

REMEMBER

- UP TO 73% OF LOST TIME INJURIES CAUSED BY CUTS, BURNS AND SCALDS COULD BE AVOIDED BY WEARING THE CORRECT HAND PROTECTION
- THINK ABOUT WHAT YOUR LIFE COULD BE LIKE WITHOUT THE FULL USE OF YOUR HANDS

For further support

To support this training, please refer to the following;

- See: www.mycompasshse.co.uk/1787.htm
Personal Protective Equipment (PPE) Policy

Compass HSE website
www.mycompasshse.co.uk
www.mycompasshse.ie

HSE Helpdesk HSE Out of Hours HSE Fax
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HAND AND ARM PROTECTION

1
Hand Protection

SAFETY
||| FIRST
in everything we do

 COMPASS
GROUP

SAFETY
||| FIRST
in everything we do

 COMPASS
GROUP

What you're going to learn

This Safety Conversation focuses on preventing cut injuries, predominantly when working with knives. You will learn about the main causes of cut injuries in our business and understand how to prevent them. Taking part in this session will help you demonstrate good safety behaviours by:



FOLLOW RULES
to keep you and others safe



BE MINDFUL
of hazards and risks



SPEAK OUT
if you have any safety concerns



GET INVOLVED
and talk about safety issues

Following this Safety Conversation, you will:

- Be aware of the types of harm or injuries that can happen to your hands and forearms
- Be clearer about the work tasks and activities that could lead to harm or injury when hand protection is not used



What you need to know

Q. What types of harm or injury can occur to hands and arms in our business?

- Cuts from using sharp knives and equipment with sharp edges
- Burns and scalds from hot equipment, food, liquid and steam
- Puncture wounds from sharps and needle sticks
- Dry, cracking or inflamed skin from using cleaning chemicals and wet work

Following this session we will be holding other Safety Conversations covering each of these topics and the things you can do to protect your hands and arms against harm or injury.

If the right type of hand/arm protection was worn the number of cuts could be reduced by 47% and burns/scalds by 26%.

LTI cuts could be reduced by 73% and burn/scald LTI's by 50%.

Q. How do these injuries occur?

Most cut injuries to hands occur when:

- Knives are blunt and extra pressure is applied
- Food is being held in the hand when being cut
- Incorrect knives are being used for the task
- Knives are being cleaned
- Knives are being sharpened
- Equipment with blades or sharp edges is being cleaned
- Broken crockery and glassware is being handled

The majority of burns and scalds occur when:

- Items are being placed into or taken out of ovens, grills and steamers
- Removing pans from stove tops
- Deep fat frying
- Removing film from containers of food and liquid after microwave cooking/heating
- Serving hot drinks
- Contacting overhead servery heat lamps when serving hot food

Needle stick injuries occur most often when waste bins/bags and meal trays are being emptied after hypodermic needles are carelessly discarded.

Skin conditions can occur when peoples' hands are frequently exposed to cleaning chemicals and when they are in water or doing wet activities over prolonged or frequent periods.

Q. How can we prevent these injuries?

- By following safe working procedures when preparing and serving food and beverages, when using cleaning chemicals and when removing waste materials
- By using the correct equipment and ensuring it is in good condition
- By wearing protective gloves/hand protection when the task requires them to be worn
- Compass will provide any necessary personal protective equipment (PPE) as determined by the risk assessment process. **You are responsible for wearing it**
- Do not wear gloves for any longer that it takes to complete the task. Wearing gloves for prolonged periods may cause skin problems. Wash and dry your hands after removing your gloves and give your hands the chance of some fresh air
- Safety knives for cutting cardboard boxes and containers are available from Bunzl

