

### What are the hazards and how might they harm?



Back and muscle strain  
from manual handling



Slip injuries from wet  
surfaces



Drowning as a result  
of falling into a pool



Inhalation injury, burns,  
skin irritation from  
cleaning chemicals

## Lane rope set up and removal

Safety Task Card  
**STCLE 01**

Unit Managers – use page overleaf to list any hazards and control measures specific to your site which are not listed below

### Safe System of Work

1. Use safe manual handling practices when moving the land rope coil and when winding or unwinding the rope.
2. Regularly inspect the lane rope for damage, such as cracked or sharp edges, and report any damage to your line manager.
3. Lane ropes must always be set up so that any non-lane swimming area has direct access to the steps or a ladder.
4. Setting up and removing the lane rope must be completed as a team of two, with one person guiding the rope to and from the far lane rope attachment and another unwinding or rewinding the rope.
5. Stay away from the pool edge and ensure you are fully balanced while moving the rope up or down the pool. Do not overreach.
6. Ensure that swimmers are warned and stay out of the area where they may be knocked or hindered by the rope while it is being set up or removed.
7. Where lane rope attachments pose a potential trip hazard a wet floor sign or similar must be used to cover the hazard.

**If you have any concerns, stop and speak with your line manager before proceeding.**

List any additional hazards or risks you have identified and control measures required to control these.

## Lane rope set up and removal continued

Safety Task Card

**STCLE 01**

Safe System of Work

SOP (Standard Operating Procedures)