

SEE CARE SHARE SAFETY UPDATE



COMPASS UK & IRELAND HSE MARCH 2025

INCIDENT PREVENTION THROUGH PRO-ACTIVE REPORTING

For some time now we have talked about the importance of reporting hazard observations and near misses, but over the last few months as we start to adjust the way we look at safety, it has been asked why? A near miss is a leading indicator and a tool to prevent an accident, if scrutinized and used correctly, can prevent injuries and damages, similarly a hazard observation is classed as a leading indicator. So, what is the difference?

A hazard observation is where a hazard is spotted before a person has been involved, this could be a leak from a fridge being spotted, dealt with and the hazard removed. **A near miss** is different in that someone was involved, if we use the same example, it would have been if someone slipped in the leaking water from the fridge but was not injured, that would have led to this being a near miss report rather than a hazard observation. As you can see reporting either of these situations are important as they help to prevent a possible incident resulting in an injury. Most important is to ensure that the hazard is rectified, and the appropriate action is taken.

REDUCING INCIDENTS – CUTS PREVENTION

Preventing cut injuries is not as simple as focusing on the safe use of knives, there are many causes to the cut injuries that we see reported in our business. This month we are focusing on preventing these incidents by looking at the causes of contact with sharp objects and what we can all do to prevent them.

Let's start by looking at the various incidents that cause cuts; sharp edges of equipment and packaging, broken glass and crockery, needles, infrastructure edges, roll cages and trolleys and knives all contribute to the incidents that are reported. In most cases these incidents could be avoided by taking extra care when carrying out the task, following the correct controls in the relevant safety task card, being mindful of the hazards created by others and using the correct PPE when required.

To help us all raise awareness across our teams there is a Safety Conversation on Preventing Cuts to share with your teams, please make sure that you record the completion of the safety conversation and display it where appropriate.



MONTHLY SAFETY FOCUS

LACK OF SLEEP CONTRIBUTES TO INCIDENTS

March is the return of Sleep Awareness Week and 15th March is World Sleep Day. Sleep or the lack thereof is not something we would automatically associate with safety, but there is a link. Evidence shows that sleep loss can result in incidents resulting in injury or damage to equipment or property. The reaction time of people who regularly have 6 hours or less of sleep is reduced from a quarter of second to almost four seconds. This shows that sleep is important to both our mental health and physical health.

Quick Sleep Tips



- Keep a consistent sleep schedule
- Set a bedtime that is early enough for you to get at least 7 hours of sleep
- Establish a relaxing bedtime routine
- Make your bedroom quiet and relaxing
- Turn off electronic devices at least 30 minutes before bedtime
- Avoid consuming caffeine in the late afternoon or evening

According to The Sleep Charity, 40% of adults and children suffer with sleep issues and 20% of road deaths are due to fatigue. For more information on importance of sleep and useful advice visit thesleepcharity.org.uk or irishlifehealth.ie

TAKEHOME SAFETY

SAFETY IN NUMBERS – FEBRUARY 2025

Information and Statistics Applies To All Compass Group UK&I Units

Safety Incidents

Hazards & Near Miss Incidents:	926
Injury Incidents:	268
Total Recordable Incidents:	30
RIDDOR Incidents:	04



Food Incidents

Alleged Food Poisoning:	22
Foreign Bodies (In Unit):	13
Foreign Bodies (Supplier):	0
Substantiated Allergies:	07
Enforcement Visits:	139



Top Injury Types

Slips, Trips and Falls	206
Burns and Scalds	96
Cuts	77

SAFETY REMINDERS

Chemical Safety Information Updates

Updates to the Chemical Safety Page of the HSE Website are now live make sure you review and update your unit information where appropriate.

New Head Chef or Manager in your Unit?

If there has been a change in management in your Unit you can update your Unit Contact Information on AIR3? Keeping your unit contact information up to date is vital to ensure that units are contactable and that Product Recalls are managed effectively. [Update your details now.](#)