



# SAFETY IN 30MINS SESSIONS

Throughout 2025 your Safety Team will be hosting month 30 minute sessions where you and your teams can join to learn more about a particular topic. This planner highlights the monthly topic, the date the webinar will be hosted and a calendar invite link for each month to add the session directly to your Outlook. All sessions will be recorded and made available online to watch back later.

## JANUARY

**TOPIC:**  
FORIGEN BODIES  
**DATE&  
TIME:**  
THUR 16TH  
AT 10AM  
**BEST FOR:**  
CHEFS  
HOD'S



## FEBRUARY

**TOPIC:**  
INCIDENT INVESTIGATION  
**DATE&  
TIME:**  
TUES 18TH  
AT 10AM  
**BEST FOR:**  
ALL HOD'S



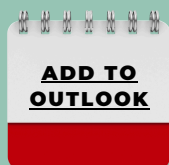
## MARCH

**TOPIC:**  
ALLERGENS  
**DATE&  
TIME:**  
THUR 20TH  
AT 10AM  
**BEST FOR:**  
CHEFS  
HOD'S



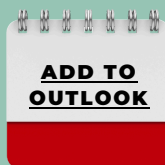
## APRIL

**TOPIC:**  
HAZARD SPOTTING  
**DATE&  
TIME:**  
TUES 15TH  
AT 10AM  
**BEST FOR:**  
ALL



## MAY

**TOPIC:**  
SLIPS, TRIPS & FALLS  
**DATE&  
TIME:**  
THUR 15TH  
AT 10AM  
**BEST FOR:**  
ALL



## DID YOU KNOW?

**MAIN ALLERGEN INCIDENTS ARE:**  
GLUTEN  
MILK  
TREE NUTS  
  
**MAIN SAFETY INCIDENTS ARE:**  
SLIPS, TRIPS & FALLS  
CUTS  
BURNS & SCALDS

## MISSED A SESSION?



SCAN THE QR CODE VISIT  
THE HSE WEBSITE PAGE

## AUGUST

**TOPIC:**  
MANAGING MANUAL  
HANDLING RISK  
**DATE&  
TIME:**  
TUES 12TH  
AT 10AM  
**BEST FOR:**  
ALL HOD'S



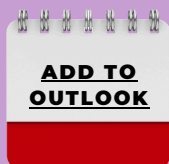
## SEPTEMBER

**TOPIC:**  
REDUCING CUT INJURIES  
**DATE&  
TIME:**  
THUR 18TH  
AT 10AM  
**BEST FOR:**  
ALL



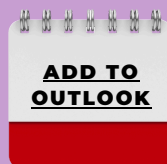
## OCTOBER

**TOPIC:**  
CHEMICAL SAFETY  
**DATE&  
TIME:**  
TUES 14TH  
AT 10AM  
**BEST FOR:**  
ALL



## NOVEMBER

**TOPIC:**  
IMPACTFUL SAFETY WALKS  
**DATE&  
TIME:**  
THUR 13TH  
AT 10AM  
**BEST FOR:**  
ALL HOD'S



## DECEMBER

**TOPIC:**  
BEING MINDFUL  
**DATE&  
TIME:**  
TUES 16TH  
AT 10AM  
**BEST FOR:**  
ALL

