## ARE YOU FEELING DEPRESSED?

## IT'S OKAY TO NO BE OKAY

There is always someone to talk to...

## TEXT SHOUT TO 85258 SAMARITANS - CALL 116 123 AXA BE SUPPORTED - CALL 0800 072 7072

Visit the Axa Be Supported Website: www.axabesupported.co.uk User Name: compass1 Password: supported



