

Shelf Life



Bought In Product Shelf-Life Rules

Dry Goods



- **Best Before date** on sealed products
- Once open follow **manufacturer's shelf-life instructions**
- If there are no instructions, the original **Best Before date** applies

Cans, Condiments, Sauces etc



- **Best Before date** on sealed products
- Once open follow **manufacturers storage and shelf-life instructions**
- If there are no instructions, the original **Best Before date** applies

Eggs



- Eggs are stamped with **Best Before date**
- **DO NOT** use after this date
- Store under refrigeration

Perishable Packaged Product



- **Use By date** on packaging
- Once open follow **manufacturer's storage and shelf-life instructions**
- If suitable, can be frozen with **6-month** shelf-life (**3 months** in Republic of Ireland)

Fresh Fish and Seafood



- Follow **manufacturer's instructions** if provided on packaged product
- For other product apply **day of delivery + 1 day**
- If suitable, can be frozen with **6-month** shelf-life (**3 months** in Republic of Ireland)
- Not suitable for freezing if previously frozen

Frozen Food



- **Best Before date** on frozen product
- Once defrosted follow **manufacturer's instructions**
- Do not refreeze defrosted product

Fresh Fruit and Vegetables



- Follow **manufacturer's instructions** for packaged product
- Visual inspection of unpackaged product
- Damaged, wilted, mouldy product must be discarded

In-Unit Vac Packed



- **Manufacturer's instructions** for opened product must be followed.
- 7-day shelf-life **DOES NOT** apply