



Beware of Bed Bugs

FACT or **MYTH** Bed bugs are only found in beds – bed bugs can make themselves at home in upholstered furniture, such as settees and padded chairs, and in carpets.

FACT or **MYTH** Bed bugs are only found in dirty areas – they are attracted to warmth, blood and CO₂, all things that humans provide for them.

FACT or **MYTH** Bed bugs spread easily – they are very adept hitchhikers and can travel from one location to another in clothing or bags

FACT or **MYTH** Bed bugs only come out at night – while they are generally nocturnal, they can adjust and adapt to human activity

LOOK OUT FOR THESE SIGNS OF BED BUGS on settees, padded chairs, carpets etc

- Red-brown spots (dried blood drawn from humans)
- Tiny black spots (bed bug faeces)
- Small pale opaque casings (eggshells)
- Live bugs (usually reddish brown, oval body the size of an apple pip)
- Reports of bites (raised, itchy bumps)



If you suspect bed bugs report this to your manager immediately so that any infestation can be dealt with quickly