

# **SAFETY** GUIDANCE



## WHAT YOU'RE GOING TO LEARN

In this Safety Conversation you will learn about preventing the spread of Coronavirus and how to deal with the spread of the virus.

## **HOW IT WILL HELP YOU IN YOUR JOB**

Following this conversation, you will know:

- What actions are to be taken to reduce the spread of the infection.
- Know what the symptoms of Coronavirus infection are and what to do if you are experiencing symptoms

# WHAT YOU NEED TO KNOW

The current Coronavirus epidemic poses a significant public health risk. At large scale events, where a great number of people come together, it is important that everyone takes responsibility to reduce the likelihood of the virus spreading.

## How is he virus transferred from an infected person to others?

The most common ways the virus is passed from person to person are by:

- Droplets that are produced when coughing or sneezing or
- Touching an object or a surface that has the virus on it, and then touching your mouth, nose or eyes.

#### How can you protect yourself?

- Cover your nose or mouth with a tissue if you must sneeze or cough. If you haven't got a tissue use the crook of your elbow. DO NOT sneeze or cough into your hand.
- Wash your hands and use hand sanitiser regularly, especially after coughing or sneezing, after touching your face, returning from a break, after eating or smoking, touching money or when moving from front of house to back of house.
- Try to avoid touching your face this is quite difficult; we touch our faces without thinking about it.
- Sanitise hand contact surfaces, such as door and fridge handles regularly. Remember the contact time for Oasis Pro20 is 1 minute.

## **SYMPTOMS OF CORONAVIRUS INFECTION**

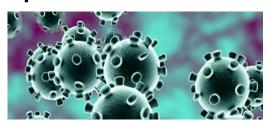
The symptoms of Coronavirus infection include:

Fever, coughing, sneezing, headache and shortness of breath.

# What should you do if you start to feel unwell?

- If you develop symptoms while at work, you should inform your manager.
- If you start feeling unwell at home, do not come to work and contact the staffing team and leave a message with your name, ERN and area of work.

# **Topic:** Coronavirus



## **BE MINDFUL**

- Wash your hands frequently throughout the day, and always after coughing or sneezing.
- Clean as you go and increase cleaning frequency during periods of outbreak.

## **SPEAK OUT**

Report any symptoms of illness as soon as possible to your supervisor or manager.

# **PUTTING WHAT YOU' VE LEARNT INTO PRACTICE**

- During periods of outbreaks increase cleaning standards of all hand contact points
- If you are experiences any of the symptoms of Coronavirus do not come into work, but contact the staffing team

## **YOUR VALIDATION**

- What can help to reduce the spread of infection of Coronavirus?
- What areas of the workplace should be sanitised during an outbreak?
- What should you do if you develop any of the symptoms?

## **MORE INFORMATION**

- Safety Conversation Effective Hand Washing
- HSE Website Pandemic Page

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