## ALWAYS REMEMBER OUR KEY SAFETY BEHAVIOURS.

## BE MINDFUL ON STAIRS & STEPS

Being Mindful on stairs or steps is important.

Always use the handrail where available.

If carrying items up or down stairs or steps keep one hand free to hold the handrail.

Don't use your mobile for calls or texting when using stairs or steps.

We want you to be safe at work no matter what you are doing so remember ... ... Be Mindful!



WE LOOK OUT FOR EACH OTHER

